

CHEER★FORCE

ALL - STARS

TEAM PLACEMENT FORM 2010-2011

Office Use Only

Athlete #: _____

Date: _____

Follow Up: _____

Complete the information below, and bring to evaluations with a \$5.00 fee.

| | | |
|----------------------|--------------|----------------|
| Name: | Parent Name: | Date of Birth: |
| Address: | City: | Postal Code: |
| Present Age & Grade: | Email: | |
| Home Phone: | Cell Phone: | |

Levels and Skill Requirement (check the box for your skills which you have mastered or need *some* assistance)

| Skills | Level 1 | Level 2 | Level 3 | Level 4 | Level 5 |
|-------------------|--|--|---|---|--|
| Standing Tumbling | - front/back rolls - front/back walkovers - cartwheels | - handsprings | - series front/back handsprings - jump/handspring combos | - standing tucks - tucks and layouts from handspring - jump/handspring combos | - standing tucks - standing full twists - jump/tuck combos |
| Running Tumbling | - roundoffs | - series front/back handsprings | - tucks ONLY from roundoff or roundoff handspring | - three element tumbling ending in a tuck or layout | - minimum three element tumbling ending in full twist or double full twist |
| Stunts | - Double base, cradle | - double base extension, cradle - single leg stunt at shoulder height | - double base, full twist cradle - single leg stunt at extended height | - double base, double full twist cradle - single leg stunt at extended height, full twist cradle | - single leg stunt at extended height, double full twist cradle |

Please list your best tumbling skills and previous cheerleading experience:

Standing Tumbling: _____

Running Tumbling: _____

Previous Cheerleading team: (Team, Level, Program e.g. Junior, 2, CheerForce Tigers)

Please indicate which team(s) and level(s) for which you would like to be considered: *(please circle)*

(ages are as of August 31, 2010)

| | | | | | |
|----------------------------|----------------------------|----------------------------|------------------------------|----------------------------|---------------------------|
| Tiny (3-5 years) | Mini 1 (8 and under) | Mini 2 (8 and under) | Youth 1 (11 and under) | Youth 2 (11 and under) | Youth 3 (11 and under) |
| Junior 1 (14 and under) | Junior 2 (14 and under) | Junior 3 (14 and under) | Junior 4 (14 and under) | Junior 5 (14 and under) | |
| Senior 2 (18 and under) | Senior 3 (18 and under) | Senior 4 (18 and under) | Senior 4.2 (18 and under) | Senior 5 (14 and older) | Open (17 and older) |

I do hereby acknowledge that I/my child intend(s) to participate in the 2010-2011 CheerForce Tryouts. I also acknowledge that I/my child will be doing so of my/his/her own free will.

I acknowledge that the coaches will behave prudently in the instruction of cheerleading and tumbling skills in an effort to avoid accidents and/or injuries from occurring. I realize that participation in athletic endeavours entails the risk of injury to the participants. I accept this risk regardless of the nature of the injury and/or athletic endeavour in which I/my child will participate. I also waive and absolve CheerForce Inc., the coaches, or any one or more of them or their executors, administrators, heirs, next of kin, successors or assigns, of and from any and all liability and responsibility.

I understand that each participant is responsible for his or her own personal health, medical, dental, chiropractic, and accident insurance coverage. I, my heirs, executor, and administration, intending to be legally bound, do hereby waive, release and forever discharge any and all rights and claims for damage which I/my child may have or may hereafter accrue to me/my child against CheerForce Inc. and the coaches, for any damages which may be sustained or suffered by me/my child in connection with my association with or participation in any cheerleading related activity affiliate with CheerForce Inc.

I am an athlete 18 years of age or older, or the parent/legal guardian of the participant and agree to all terms and agreements stated herein.

Athlete over 18 years or Parent/Legal Guardian Name: _____

Athlete over 18 years or Parent/Legal Guardian Signature: _____

| | | |
|--|-----------------|-------|
| OFFICE USE ONLY Level Athlete: | Team Placement: | Date: |
|--|-----------------|-------|